



# Bethlem - Myopathie

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## **Muscle weakness and contractures are slowly progressive.**

Some adults do not experience muscle weakness and limited movement restrictions, others, however, have severe muscle weakness with extreme constraints on movement.

*I hope to provide information about differences in impairment from an evaluation of returned questionnaires.*

Those badly affected require aides (e.g. orthopedic appliances, crutches, walking sticks or wheelchairs, toilet seat raisers, etc.).

It has been written that adults become unable to walk around the age of 40-60, thus requiring aid. The latest research, however, shows that children from as young as 10 are reliant on a wheelchair and are severely restricted in movement and physical capacity.

Some of those affected suffer from respiratory problems, which markedly restrict physical exertion as well as making expectoration during infections difficult due to muscle weakness.