



Bethlem - Myopathie

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Symptoms can be very varied and not all symptoms may be present!

Symptoms in early childhood:

- less mobility
- delayed motor development
- myasthenia (muscle weakness)
- contractures of the finger, wrist, elbow and ankle joints (restricted movement due to shortened muscles)
- joint hypermobility (hyperextensibility of individual joints)
- poor temperature management (rapidly feeling cold)

Symptoms in adults:

- main features: contractures of the muscles in the finger and wrist joints
- contractures of ankles, hips, knees and elbows
- rigid spine syndrome (stiffening of the spine)
- a certain hyperlaxity (hyperextensibility of individual joints)
- rapid fatigue of muscles during physical exertion
- difficulty climbing stairs
- arthrosis as secondary complication
- problems stretching arms above head
- skin symptoms (from very rough to silky smooth, as well as follicular keratosis)
- poor and thick scar formation
- impairment of lung function (due to tendon shortening of upper body)
- digestion problems (constipation)